

## 2<sup>nd</sup> MIND AND MENTAL FACTORS AND MEDITATIVE PRACTICES



Venue: - Drepung Monastic University,  
Mundgod, Karnataka State.

Under the guidance of our Director Mr. Tashi Tsering Phuri, this workshop was organized by the Body, Mind and Life Department for the students of Tibetan Medical & Astro. College during their winter vacation. A total number of thirty-three students registered for this workshop but keeping in view of the space and capacity of the classroom, we could enroll only 16 students, out of which fifteen were medical students and one was an Astro-Science student.

This month-long workshop was held from 21st January to 20th February 2014. Our day started from 7:30 in the morning and ended at 8:30 in the night. The seriousness and enthusiasm shown by our students in this workshop has impressed the teachers involved in this workshop very much; they were very happy to share their knowledge with our students. On 19th February, the students appeared for an oral and written training test of the month-long workshop. The closing ceremony of the workshop was held on 20th February and the abbot of Drepung Monastic University was invited as the Chief Guest.

The overall result of this one-month workshop has been very satisfactory, with students scoring 96.40% as the highest marks and 72% as the lowest.

We would like to extend our heartfelt gratitude towards Drepung Monastic University and Dr. Kyizom la, head of the Mundgod camp no. 3, branch clinic for their unwavering support and cooperation in the successful completion of the workshop.

This workshop was headed by Geshe Tenpa Tashi with assistants Mrs. Sonam Yangdon, office secretary of Body, Mind and Life Department and Mr. Shunu from the Mess section, Men-Tsee-Khang.